

American Academy of Pediatrics



BRIGHT FUTURES PREVISIT QUESTIONNAIRE

9 MONTH VISIT

To provide you and your baby with the best possible health care, we would like to know how things are going. Please answer all the questions. **Child Development screening and Oral Health Risk Assessment are also part of this visit.** Thank you.

WHAT WOULD YOU LIKE TO TALK ABOUT TODAY?

Do you have any concerns, questions, or problems that you would like to discuss today? No Yes, describe:

TELL US ABOUT YOUR BABY AND FAMILY.

What excites or delights you most about your baby?

Does your baby have special health care needs? No Yes, describe:

Have there been major changes lately in your baby's or family's life? No Yes, describe:

Have any of your baby's relatives developed new medical problems since your last visit? No Yes Unsure If yes or unsure, please describe:

Does your baby live with anyone who smokes or spend time in places where people smoke or use e-cigarettes? No Yes Unsure

YOUR GROWING AND DEVELOPING BABY

Do you have specific concerns about your baby's development, learning, or behavior? No Yes, describe:

Check off each of the tasks that your baby is able to do.

- | | | |
|--|---|--|
| <input type="checkbox"/> Use basic gestures, such as holding her arms out to be picked up or waving "bye-bye." | <input type="checkbox"/> Look around when you say things such as "Where's your bottle?" and "Where's your blanket?" | <input type="checkbox"/> Crawl on hands and knees. |
| <input type="checkbox"/> Look for dropped objects. | <input type="checkbox"/> Copy sounds that you make. | <input type="checkbox"/> Pick up food and eat it. |
| <input type="checkbox"/> Play games such as peekaboo and pat-a-cake. | <input type="checkbox"/> Sit well without support. | <input type="checkbox"/> Pick up small objects with 3 fingers and a thumb. |
| <input type="checkbox"/> Turn consistently when his name is called. | <input type="checkbox"/> Pull herself to a standing position. | <input type="checkbox"/> Let go of objects on purpose. |
| <input type="checkbox"/> Say, "Dada" or "Mama." | <input type="checkbox"/> Move easily between sitting and lying. | <input type="checkbox"/> Bang objects together. |

9 MONTH VISIT

RISK ASSESSMENT

| | | | | |
|--------------------|---|---------------------------|---------------------------|------------------------------|
| Hearing | Do you have concerns about how your baby hears? | <input type="radio"/> No | <input type="radio"/> Yes | <input type="radio"/> Unsure |
| Lead | Does your baby live in or visit a home or child care facility with an identified lead hazard or a home built before 1960 that is in poor repair or that was renovated in the past 6 months? | <input type="radio"/> No | <input type="radio"/> Yes | <input type="radio"/> Unsure |
| Oral health | Does your baby's primary water source contain fluoride? | <input type="radio"/> Yes | <input type="radio"/> No | <input type="radio"/> Unsure |
| Vision | Do you have concerns about how your baby sees? | <input type="radio"/> No | <input type="radio"/> Yes | <input type="radio"/> Unsure |
| | Do your baby's eyes appear unusual or seem to cross? | <input type="radio"/> No | <input type="radio"/> Yes | <input type="radio"/> Unsure |
| | Do your baby's eyelids droop or does one eyelid tend to close? | <input type="radio"/> No | <input type="radio"/> Yes | <input type="radio"/> Unsure |
| | Have your baby's eyes ever been injured? | <input type="radio"/> No | <input type="radio"/> Yes | <input type="radio"/> Unsure |

ANTICIPATORY GUIDANCE

How are things going for you, your baby, and your family?

YOUR FAMILY'S HEALTH AND WELL-BEING

| | | |
|--|---------------------------|---------------------------|
| Do you always feel safe in your home? | <input type="radio"/> Yes | <input type="radio"/> No |
| Has your partner, or another significant person in your life, ever hit, kicked, or shoved you, or physically hurt you or the baby? | <input type="radio"/> No | <input type="radio"/> Yes |
| Have you developed routines or other ways to take care of yourself? | <input type="radio"/> Yes | <input type="radio"/> No |

CARING FOR YOUR BABY

| | | |
|---|---------------------------|---------------------------|
| Do you have a regular bedtime routine for your baby? | <input type="radio"/> Yes | <input type="radio"/> No |
| Does she wake up during the night? | <input type="radio"/> No | <input type="radio"/> Yes |
| Is your baby learning new things? | <input type="radio"/> Yes | <input type="radio"/> No |
| Does your baby have ways to tell you what he wants and needs? | <input type="radio"/> Yes | <input type="radio"/> No |
| Is a TV, computer, tablet, or smartphone on in the background while your baby is in the room? | <input type="radio"/> No | <input type="radio"/> Yes |
| Does your baby watch TV or play on a tablet or smartphone? If yes, how much time each day? _____ hours | <input type="radio"/> No | <input type="radio"/> Yes |
| Have you made a family media use plan to help you balance media use with other family activities? | <input type="radio"/> Yes | <input type="radio"/> No |

DISCIPLINE

| | | |
|---|---------------------------|--|
| Do you and your partner agree on how to handle your baby's behavior? | <input type="radio"/> Yes | <input type="radio"/> No |
| Do you limit the use of "No" to only the most important issues? | <input type="radio"/> Yes | <input type="radio"/> No |
| If you have other children, do you let them help with the baby as much as they can? | <input type="radio"/> NA | <input type="radio"/> Yes <input type="radio"/> No |

FEEDING YOUR BABY

| | | |
|---|---------------------------|--|
| Does your baby feed herself? | <input type="radio"/> Yes | <input type="radio"/> No |
| Does your baby drink from a cup? | <input type="radio"/> Yes | <input type="radio"/> No |
| Do you let your baby decide what and how much to eat? | <input type="radio"/> Yes | <input type="radio"/> No |
| Do you give your baby foods with different textures (such as pureed, blended, mashed, chopped, or lumps)? | <input type="radio"/> Yes | <input type="radio"/> No |
| If you are breastfeeding, are you planning on continuing? | <input type="radio"/> NA | <input type="radio"/> Yes <input type="radio"/> No |

SAFETY

| | | |
|--|---------------------------|--------------------------|
| Car and Home Safety | | |
| Is your baby fastened securely in a rear-facing car safety seat in the back seat every time he rides in a vehicle? | <input type="radio"/> Yes | <input type="radio"/> No |
| Do you have any habits or reminders that prevent you from ever leaving your baby in the car? | <input type="radio"/> Yes | <input type="radio"/> No |
| Do you keep your baby away from the stove, fireplaces, and space heaters? | <input type="radio"/> Yes | <input type="radio"/> No |

Please print.

9 MONTH VISIT

SAFETY (CONTINUED)

| Car and Home Safety (continued) | | |
|---|---------------------------|---------------------------|
| Do you keep cleaners and medicines locked up and out of your baby's sight and reach? | <input type="radio"/> Yes | <input type="radio"/> No |
| Do you always stay within arm's reach of your baby when she is in the bathtub? | <input type="radio"/> Yes | <input type="radio"/> No |
| Do you keep furniture away from windows and use operable window guards on second-floor and higher windows? (Operable means that, in case of an emergency, an adult can open the window.) | <input type="radio"/> Yes | <input type="radio"/> No |
| Do you have a gate at the top and bottom of all stairs in your home? | <input type="radio"/> Yes | <input type="radio"/> No |
| Gun Safety | | |
| Does anyone in your home or the homes where your baby spends time have a gun? | <input type="radio"/> No | <input type="radio"/> Yes |
| If yes, is the gun unloaded and locked up? | <input type="radio"/> Yes | <input type="radio"/> No |
| If yes, is the ammunition stored and locked up separately from the gun? | <input type="radio"/> Yes | <input type="radio"/> No |

Consistent with *Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents, 4th Edition*

For more information, go to <https://brightfutures.aap.org>.

